

Assembly directions for My Mass Book

My Mass Book is a picture missal intended to be half sizes pages. Each page is a specific action or prayer in the Mass.

Printing instructions:

1. Print set up:
 - a. Paper is 8.5 “ x 11” .
 - b. Print orientation is portrait mode.
 - c. There are two missal pages per page.
 - d. Print the entire document double-sided.
 - e. Document layout is set up for the pages to be cut in half after it is laminated.
See directions below.
2. Laminate all the pages for durability, otherwise use card stock or whatever paper you want.
3. Cut each page in half, making each top and bottom pages the same size.
4. Begin missal with cover page, “My Mass Book” below.
5. Make one or two hole punches, taking care not to punch through words or pictures on enclosed pages.
6. Attach pages with ring clips.



My Mass Book

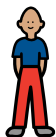


Reviewed by Office for Divine Worship, Archdiocese of Newark
August, 2013

I hope My Mass Book helps you to follow and participate in the Mass. A description of the layout and format of the book:

- ✦ **Words in red present options for a particular prayer or offer description of attitude or behavior.**
- ✦ *Words in italics are spoken by the priest or deacon.*
- ✦ Words not in italics or boldface print describe actions.
- ✦ *Words in gray and italics are spoken softly by the priest.*
- ✦ **Words in boldface print are spoken by the assembly (the people attending and participating in the Mass).**

The cantor asks us to stand, sing and tells us where the words for the song are.

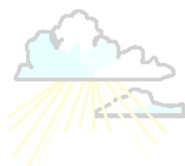


(STAND)

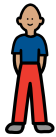


GATHERING SONG

We sing about God with us and bringing Jesus into our world.



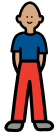
Entrance Procession



(STAND)



GREETING AND PENITENTIAL RITE:



(STAND)

WE SAY HELLO (to God and each other)

AND

WE ARE SORRY FOR UNLOVING CHOICES



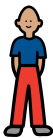
The priest says hello to us and asks us to make the Sign of the Cross to begin the Mass. He says,

“In the name of the Father, and of the Son, and of the Holy Spirit,

ALL join: **“Amen.”**

4

Two possibilities for Penitential Act.¹



(STAND)

Priest: *Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.*

Pause for reflection

ALL PRAY:

I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do;

Lay closed right hand on your heart.

through my fault, through my fault, through my most grievous fault;

and I ask blessed Mary, ever-Virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord our God.

¹ Sometimes on Sundays, especially in Easter Time, instead of the customary Penitential Act, the blessing and sprinkling of water may take place.

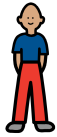


(STAND)

The priest greets us by saying something like,
“The Lord be with you.”

And we reply, **“And with your spirit.”**

5



(STAND)

*May almighty God have mercy on us, forgive us our sins, and
bring us to everlasting life.*

ALL: Amen.

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

7



OR

Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

Pause for reflection

(STAND)

You were sent to heal the contrite of heart: Lord, have mercy.

Lord, have mercy.

You came to call sinners: Christ, have mercy.

Christ, have mercy.

You are seated at the right hand of the Father to intercede for us:

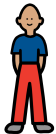
Lord, have mercy.

Lord, have mercy.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

ALL: Amen.

8



(STAND)

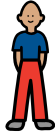
For you alone are the Holy One, you alone are the Lord, you alone are the Most High Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT

Let us pray. then we all pray silently with the priest for awhile, then the priest says the prayer, then:

ALL: Amen.

10



GLORIA sung or spoken

(STAND) Glory to God in the Highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

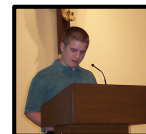
Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

**You take away the sins of the world, receive our prayer;
You are seated at the right hand of the Father, have mercy on us.**

9



LITURGY OF THE WORD GOD & JESUS STORIES



(SIT)

1ST READING is from the Old Testament, except during the Easter Season it is from the Acts of the Apostles.

A reading from

...

The Word of the Lord.

Thanks be to God.



RESPONSORIAL PSALM

11



(SIT)

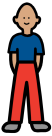
2ND READING is from one of the Letters in the New Testament or Revelation.



A reading from ...

...
“The Word of the Lord.”

Thanks be to God.



(STAND)

ALLELUIA/GOSPEL ACCLAMATION



12



(SIT)

HOMILY

The priest or deacon talks about applying the Gospel in our life.



14



(STAND)

GOSPEL

Stories about Jesus' life and the Good News Jesus told us.

There are 4 authors of the Gospel.



Priest or Deacon: *The Lord be with you.*

And with your spirit.

*A Reading from the Holy Gospel according to
(Matthew, Mark, Luke or John).*



Glory to you, O Lord.

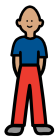
(Make small sign of cross on forehead, lips and heart.)

.....

The Gospel of the Lord,

Praise to you, Lord Jesus Christ.

13



(STAND)

PROFESSION OF FAITH

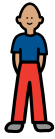
The Creed, what we believe

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

15



(STAND)

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

16

THE LITURGY OF THE EUCHARIST

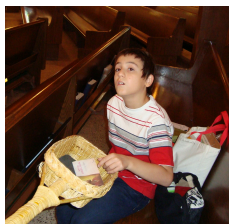


(SIT)

We get ready to receive Jesus in Communion.

THE ALTAR IS PREPARED

OFFERTORY SONG



Our gifts are collected.

18



(STAND)

GENERAL INTERCESSIONS - We pray for each other.

As a priestly people, we unite with one another to pray for today's needs in the Church and the world (possible wording):

...

We pray to the Lord

"Lord, hear our prayer."

17



(SIT)

PROCESSION WITH GIFTS

Our gifts of bread, wine and money are brought forward and presented.



19



(SIT)

Priest: *Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.*

If Offertory song was not sung, then:

ALL: **Blessed be God for ever.**

By the mystery of this water and wine may we come to share in the divinity of Christ who humbled himself to share in our humanity. Said while adding water to wine.



Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

If Offertory song was not sung, then:

ALL: **Blessed be God for ever.**

20

PRAYER OVER THE GIFTS

Lord, look with love on our service. Accept the gifts we bring and help us grow in Christian love. Through Christ our Lord. An example.

AMEN.



(STAND)

EUCCHARISTIC PRAYER

Introductory Dialogue

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

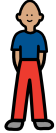
Let us give thanks to the Lord our God.

It is right and just.

22

Priest washes his hands.

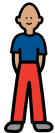
Pray, my brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.



(STAND)

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good, and the good of all his holy church.

21



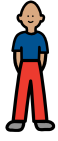
(STAND)

Eucharistic Prayer continues, perhaps with the following (II),

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Father most holy, through your beloved Son, Jesus Christ, your Word through whom you made all things, whom you sent as our Savior and Redeemer, incarnate by the Holy Spirit and born of the Virgin.

Fulfilling your will and gaining for you a holy people, he stretched out his hands as he endured his passion, so as to break the bonds of death and manifest the resurrection.

23



And so with the Angels and all the Saints we declare your glory, as with one voice we acclaim:

(STAND)

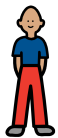
HOLY, HOLY, HOLY

ALL say or sing: Holy, holy, holy Lord, God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.



You are indeed holy, O Lord, the fount of all holiness.
Eucharistic prayer continues ...

(KNEEL)



THE COMMUNION RITE

THE LORD'S PRAYER



(STAND)

At the Savior's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil.



Priest: *The mystery of faith.*

(KNEEL) We proclaim your Death, O Lord, and profess your Resurrection until you come again.

OR

When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.

OR

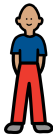
Save us, Savior of the world, for by your Cross and Resurrection you have set us free.

Eucharistic Prayer continues . . .

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever.

ALL say or sing: Amen.

25

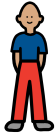


(STAND)

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

27



(STAND)

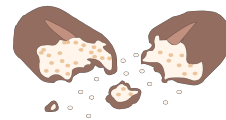
SIGN OF PEACE

*Lord Jesus Christ, who said to your apostles:
Peace I leave you, my peace I give you,
look not on our sins, but on the faith of your Church, and
graciously grant her peace and unity in accordance with
your will. Who live and reign for ever and ever.*

Amen.

28

BREAKING OF THE BREAD



Lamb of God

You take away the sins of the world, have mercy on us.

Lamb of God

You take away the sins of the world, have mercy on us.

Lamb of God

You take away the sins of the world, grant us peace.

30



(STAND)

The peace of the Lord be with you always.
And with your spirit.

Let us offer each other the sign of peace.



29



(KNEEL)

*Behold the Lamb of God, behold him
who takes away the sins of the world.
Blessed are those called to the supper
of the Lamb.*

**Lord, I am not worthy that you should enter under my roof, but
only say the word and my soul shall be healed.**

COMMUNION SONG



31

COMMUNION PROCESSION & SONG



*The Body of Christ,
Amen.*

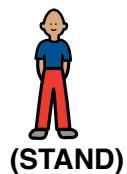


*The Blood of Christ,
Amen.*



Silent prayer when return to pew or continue singing because it very important to sing the Communion Song.

32



RITE OF DISMISSAL WE SAY GOOD BYE

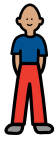


FINAL BLESSING

Possible wording by deacon, if present, or priest.
Go forth, the Mass is ended...

Thanks be to God.

34



PRAYER AFTER COMMUNION

Let us pray.
(For example)



(STAND) *Lord,*
may your healing love turn us from sin
and keep us on the way that leads to you.
Through Christ our Lord,
Amen.

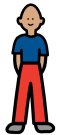
The Lord be with you,
And with your spirit.



May almighty God bless you, the Father, and the Son, and the Holy Spirit.

Amen. *We make the sign of the cross as we say this.*

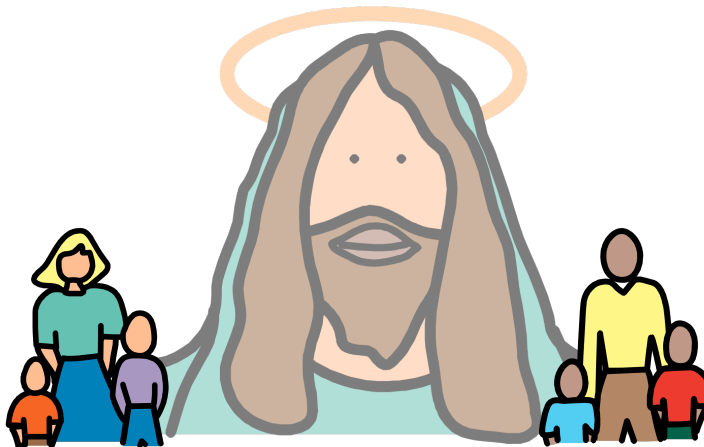
33



SENDING SONG



(STAND)



We go home and into the world to love Jesus, our family and other people.

35



36

38



Reference List:

The Order of Mass Worship Aid. Chicago: Liturgy Training Publications, 2011.

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A PRAISE Resource – Persons Recognized Affirmed Included by Spirit-led Energy
Pastoral Ministry with Persons with Disabilities, Newark Archdiocese
973-497-4309 Anne.Masters@rcan.org www.rcan.org/disabilities

www.facebook.com/InclusiveMinistryRCAN <http://inclusiveministryrcan.blogspot.com>

www.twitter.com/InclusionRCAN